



Introduction

Introduction

Music is a natural and uplifting activity for human beings. It should be a daily habit! *LCP Get the Singing Habit* encourages an approach to music which is based around short games and activities that children and teachers will look forward to each day. It takes a fresh approach to music teaching at Key Stages 1 and 2.

Music can be a very challenging subject for class teachers to deliver. *LCP Get the Singing Habit* will help busy teachers with limited time for personal music-making, or those with little music training, to teach the subject with confidence.

LCP Get the Singing Habit consists of a resource file, a DVD and an audio CD. The material is divided into four sections:

- Singing
- Pitch
- Rhythm
- Composition

Each section of the resource file contains a number of sessions that give clear guidance on how to use the activities and games with children of different ages. It is a whole-school approach that all staff can work with together. A major feature of this approach is the use of the 'teaching songs' and the way in which they are returned to, year after year, in order to develop skills and take the activities further each time.

'Singing' introduces the four key areas of posture, breathing, expression and diction, and gives advice on teaching and choosing songs.

'Pitch' explains how to use the 30 specially chosen teaching songs. It guides teachers through the process of using these teaching songs to develop understanding of pitch.

'Rhythm' uses various approaches to rhythm, including Body Notation, and shows how children can easily use and understand notation as part of their music lesson.

'Composition' draws together the pitch and rhythm work and shows how the teaching songs can be used to help children to fully understand the composing process.

Support materials are provided at the back of the file. These include song sheets, notation sheets, rhythm cards (which can be photocopied, cut up and laminated for use as flashcards), hand signs, activity sheets and a glossary of musical terms.

The DVD supports the sessions outlined in the file. Each clip demonstrates how to deliver the activities and games to groups. These video excerpts can also be used on their own as examples of good practice.

The audio CD contains all of the teaching songs. Each of the 30 songs has been recorded more than once, to exemplify the lyrics, the singing names, and any other variations, such as rounds or partner and echo songs.

Get the Singing Habit is the result of 22 years of class music teaching experience and 10 years of INSET training to primary class teachers. It shows teachers, particularly non-specialists, how to deliver singing with confidence. It is a flexible resource and the activities can easily be developed into more extended music sessions. So, get the singing habit!



Section 2 Pitch

1. Introduction: What is pitch?
2. Finding your voice
3. Getting started
4. First teaching songs
5. Songs using so, mi and doh
6. Pitching games
7. Using tuned percussion
8. Pentatonic songs



Be aware that some of the more advanced songs are difficult to do with hand signs and singing names and it is not essential that you learn them all with hand signs and singing names.

Musical examples

1. 'The Playground Chant' – the basis for all the 'teaching songs'.
2. 'The Playground Chant' with hand signs and singing names – hand signs and singing names are only taught in the year following their introduction.
3. 'What Is Your Name?' – another 'teaching song' introduced in reception.
4. 'What Is Your Name?' with hand signs and singing names.
5. 'What Is Your Name?' rhythm only.
6. 'What Is Your Name?' hand signs only.
7. 'What Is Your Name?' played on xylophone – not to be introduced before Year 2.

Songs	Year learned	Hand signs	Singing names	Rhythmic content	Played on tuned percussion
'What Is Your Name?' 'Hello, How Are You?' 'Snail Song' 'The Playground Chant' 'Here I Come' 'Violin Song'	Reception	Year 1	Year 1/2	Year 1/2	Year 2
'Bear Song' 'Good Morning' 'The Native American' 'Hey Ho' 'Ding Dong Bell' 'Cello Song'	Year 1	Year 2	Year 2/3	Year 1/2	Year 2 or 3
'Penguin Song' 'I Have a Dog' * 'Bought Me a Cat' 'Ging Gang/Olay' 'Dansons la Capucine' * 'O When the Saints' *	Year 2	Year 3	Year 3	Year 2/3	Year 3

