

Unit 1 Making friends

Medium-term plan

Session	Learning objectives	Activities	FS Profile	Additional resources
1 I like my friend because... Our friends	<ul style="list-style-type: none"> To consider who our friends are To know why we like them and why they like us! 	<ul style="list-style-type: none"> Singing game Talking about friends Putting written ideas on to head and shoulders outline Looking at row of paper people holding hands 	SD 2, 3, 7 ED 2, 5 KUW 6	<ul style="list-style-type: none"> Head and shoulders outline Circle time object Pictures of people in the group
2 Making good friends Being a good friend	<ul style="list-style-type: none"> To know the qualities that make a good friend 	<ul style="list-style-type: none"> Reading the story Talking about the story and about friendship 	ED 3, 4, 5 LCT 1, 4	<ul style="list-style-type: none"> <i>Rainbow Fish</i> Big Book and puppet Other animal puppets <i>Carnival of the Animals</i> by Saint-Saëns
3 Christian friends Making friends with people who may be different from us	<ul style="list-style-type: none"> To know why Christians think Jesus is their best friend To know what makes a Christian a good friend 	<ul style="list-style-type: none"> Quizzing visitor (or Persona Doll) about why Jesus is their friend Noting down all answers 	SD 7 ED 6 LCT 1, 4 KUW 6	<ul style="list-style-type: none"> Christian visitor or Persona Doll Christian artefacts Christian song/hymn
4 Sikh friends Making friends with people who may be different from us	<ul style="list-style-type: none"> To know what makes a Sikh person a good friend 	<ul style="list-style-type: none"> Quizzing visitor (or Persona Doll) about why they think it is important to have friends Noting down all answers 	SD 7 ED 6 LCT 1, 4 KUW 6	<ul style="list-style-type: none"> Sikh visitor or Persona Doll Picture book on Sikhism Sikh artefacts Sikh prayer music

Diwali

Session 4 Sikh friends



Learning objective

- To know what makes a Sikh person a good friend

Foundation Stage Profile

SD 7; ED 6; LCT 1, 4; KUW 6

Key questions

- What is a 'Sikh' person?
- What makes a Sikh person a good friend?
- Do I have Sikh friends?

Key words

Gurdwara, guru, kara, Nishan sahib, Sikh

Resources

- Sikh visitor (adult or child) or Sikh Persona Doll
- Picture book about Sikhism (e.g. *Big Book of My Sikh Faith*, Evans)
- One or two Sikh artefacts, e.g. kara, Nishan sahib – the Sikh badge, picture of a Sikh guru
- Sikh prayer music (e.g. from *Shabad Gurbani* by Japji Rehraas)

Introduction

While the Sikh music is playing ask people to come together to receive the visitor.

Welcome the visitor by singing 'How do you do?' or another song of greeting.

Activity

Talk with the visitor about who he or she is as a Sikh and what Sikh people believe in: one God, an all-powerful creator. Ask the visitor to show his or her artefacts and explain their significance (bangle: God is all around and strong for ever; badge: freedom and justice). Explain that Sikhs believe that we must care for each other and be honest people. It is a practice of the Sikh religion to welcome all who visit the gurdwara, or a Sikh home, and to give them food and hospitality. They are very helpful, caring and sharing people. Jot down on a note pad the key facts and interesting comments people make.

Plenary

Review the questions and answers

Listen to the Sikh music again, pass the kara and Nishan sahib around. Encourage people to shake hands with the visitor (or Persona Doll) as they leave.

Follow-up

Allow careful handling of the artefacts on the 'Think about' display. Encourage people to think of them as part of getting to know people who may be very different from themselves. Someone who has these things is likely to be a friendly person.

Extension

Browse one or two picture books (see recommendations in Appendix: Recommended books) to find out more questions and answers about friendship in Sikhism.

Differentiation

Encourage careful handling of the artefacts, with lots of discussion time.

Points to note

Make sure that the special artefacts are handled carefully and with respect.